

The background of the entire page is a vibrant, repeating pattern of tropical leaves. The leaves are in various shades of green, yellow, and blue, creating a lush and energetic feel. The leaves are scattered across the page, with some overlapping the central dark green circle.

30DAY challenge

DAY 5

Think about a person or people whom you look up to. Make a list of the characteristics

they have that you **aspire** to have as well. If you can, send them a text, email or phone call to let them know how they have inspired you in your life.